

Who Should be in a TRIO?

Our desire is that every member of Reconciliation Road Church to be committed to a TRIO or a Community Group or both if that is feasible.

How to start one?

- 1) Acknowledge God's wisdom! Agree with God that two is better than one and that three are unbreakable. Recognise the value that being in a TRIO would add to your followership of Christ.
- 2) Recognise that friendship is a dynamic and mysterious blend of serendipity, intentionality, vulnerability and risk. Speaking to someone else, trying to initiate a TRIO can be a vulnerable thing, but it is worth it! "The best things in life are on the other side of a difficult conversation."
- 3) Pray and ask God to lead you to some true spiritual friends in the church, people with whom you can grow and share life, Scripture, prayer & mission together.
- 4) Act by initiating a conversation about starting a TRIO with one or two other people
- 5) Commit to meeting together and growing in vulnerability as a group of friends. Be patient and intentional as you increasingly share life, Scripture, prayer & mission. Invest the time needed to get to know each other's hopes, fears, dreams, weaknesses.

Great questions to ask yourself or others...

Some TRIO's occasionally use the following types of questions to stimulate discussion and sharing with one another.

Each TRIO member takes a turn in asking any one of these questions of another member of the group. Once they have answered, they then take a turn to ask any one of these questions of another member, repeating this pattern for some time and then praying for one another.

1. What has God been saying to you recently?
2. What don't you want to talk to us about but should?
3. Who are you currently sharing the Gospel with or praying for the opportunity to do so? If you don't have anyone at present, what could you do to get closer to people who don't yet know Jesus?
4. What are you most thankful for right now? & What are you most worried about?
5. What single step could you take today, which would minimise any regret at the end of your life?
6. What am I avoiding doing right now? – why?
7. Are your Up(God), In Church & Out(Unsaved) dimensions in balance? Which of these needs attention?
8. What am I doing currently that requires courageous faith, something that I could not do apart from the power of God?
9. If you are married, how is your marriage? Why do you say so? What are you most thankful to God for & what is your greatest need as a married couple marriage?
10. In times of problems, stress or of feeling a little depressed, where do you find yourself most vulnerable to temptation & what do you do to draw near to God & or others?
11. What is your greatest fear?
12. The absence of what causes you to want to quit?
13. The pursuit of what causes you to feel overburdened and stressed?
14. The fear of what causes you to be timid or fearful rather than hopeful and faithful?
15. The craving for what makes you work too hard?
16. The need for what robs service or leadership or ministry of its joy?
17. The desire for what places pressure on you and your family?
18. Have you just lied to us?